

Wateree Counseling Boutique

803-603-4700

Appointments

Appointments are arranged directly with Dr. Upchurch. If she is unable to answer your telephone call a message may be left on her confidential text or voice mail (803-603-4700) and your communication will be returned as soon as possible.

Appointments can also be scheduled by email to: donna@watereecounseling.com If you are unable to keep an appointment kindly give 24 hours advance notice to avoid a late cancellation fee.

A copy of your driver's license is required prior to your first appointment and may be sent by email to donna@watereecounseling.com or by texting a copy to 803-603-4700

Charges

The fee for each 50 minute session is \$150. Payment is due at the beginning of each session.

Payment Options Include:

Check

Venmo: @watereecounseling

Zelle: donnaupahcurch@bellsouth.net

Credit Cards are accepted with a 3.5% surcharge (\$5.40 on \$150)

Cancellation Fees:

A scheduled appointment is reserved exclusively for you. A fee of \$25 is charged for appointments cancelled less than 24 business hours prior to the appointment time, \$50 for appointments cancelled less than 8 business hours prior to the appointment time, and the full private fee of \$150 for appointments broken without notice.

Cancellation fees are **out-of-pocket**. Insurance does not cover late cancellation or "no show" obligations.

Your signature on this sheet indicates your understanding and agreement to these charges and terms.

Signature:

Date:

Print:

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CONFIDENTIALITY

The therapist/client relationship is a confidential one. However there is only limited confidentiality privilege. Exceptions are as follows:

- All mental health professionals are mandated to report any suspected or known child or elder abuse or neglect.
- All mental health professionals are mandated to report any threat of harm to self or others.
- While a therapist is not required to respond to a subpoena, under particular circumstances a judge may issue a Court Order mandating a therapist to testify and/or relinquish records in legal proceedings. This is a rare occurrence.

Please initial that you have read and understand these limits to confidentiality:

Initials:

EMERGENCIES

In the event of an emergency, do not hesitate, report to an emergency room or call 911.

CONTACT

Non-urgent contact that does not include confidential information can be left at any hour at Dr. Upchurch's email address: donna@watereecounseling.com . Urgent calls may be placed to her cell (803-603-4700). If you send a text, please identify yourself. Messages left on her email or cell phone are carefully handled but are not confidential and may be heard or seen by others. Her website is www.watereecounseling.com

CONSULTATION/CO-THERAPY

Occasionally Dr. Upchurch may arrange for consultation with another professional or recommend co-therapy with one of her colleagues. This possibility will be discussed if the need arises.